



## Cass Warrior Swimming

2024

### Important Information:

SDEAA Conference swim meet: 4:30 pm Tuesday, April 30 at Downers Grove South High School 1436 Norfolk St, Downers Grove, IL 60516

### Practice Location and Dates:

Location: Superior Training in Willowbrook, Illinois, 7580 S Quincy St. Willowbrook, IL 60527

Time: 6:30 pm-7:30 pm

April 10th Wed.

April 15th Mon.

April 17th Wed.

April 22nd Mon.

April 24th Wed.

*\*You must have an  
updated sport physical on  
file to swim!\**

### Attention

**Cass Junior High is not responsible for transportation of the athletes for practices.**

**Athletes must have a ride to and from the practice location.**

A bus will be provided for one way transportation to the conference meet at Downers Grove South on April 30.